

# The DDRC Current News

Newsletter of the Dallas Downriver Club—Visit our website at [www.down-river.org](http://www.down-river.org)

July 2004

**FINE PRINT** - The DDRC Current News is published monthly by the Dallas Downriver Club and is provided to its members either by First Class postage or by email. Opinions expressed herein are those of the individual authors and may or may not reflect the opinion of the club or its officers.

**DEADLINE FOR SUBMISSION** of articles, announcements, events, trips, etc. is the 1st Thursday of the month. It is on a come first served basis therefore sooner is better.

**DDRC BOARD MEETINGS** are held every second Tuesday of the month - 6:30 PM @ Enchilada's (directions on back of newsletter). All members are welcome to attend to learn more about club business.

## Did you Know?

Our very own Sally Soldo was in the paper again! She's a singer, actress, medical technologist and kayaker who also has a flare for fireworks. In her spare time, Sally is a part-time pyrotechnician who lights up the sky every 4th of July!

## Events & Trips

**Recurring: May 5—Sept.: Summer Roll Sessions** (Every Wed. after 5pm) Roll, paddle and rescue practice at Rockledge Park on Lake Grapevine. Contact Keith Smith 940-566-4869 or email [Keith\\_ccw@hotmail.com](mailto:Keith_ccw@hotmail.com) for information.

**July 18 (Sun.): Gear Swap Meet & Dutch Oven Cook-off and Picnic**

**July 24 (Sat.): Urban Paddle and Potluck** (location TBD—check website)

Join us for our July Urban Paddle at 9 a. m. We will paddle for a couple of hours and then have lunch, so bring a Potluck offering to feed your group and a few more, chairs and tables, hats and sunscreen. Call Phil 214-564-9628 [philip\\_lang@sbcglobal.net](mailto:philip_lang@sbcglobal.net) or Pat at 972-727-3586 [pchamberlain29@hotmail.com](mailto:pchamberlain29@hotmail.com).

**July 24-25 (Sat-Sun): ACA Methods Updates in Swiftwater Rescue and Open Canoe (Arkansas)**

**July 31-Aug. 1 or Aug. 14 - 15: Swiftwater Rescue Class (Oklahoma)**

**July 31 (Sat.): Brazos River Moonlight Float**

**Aug. 21 (Sat.): Urban paddle**

**Aug. 28 ( Sat.): McInnish park morning watermelon clean-up, 9 a.m.** Come help us spiff things up for the Trinity River Challenge and cool off with a slice of heaven!

**Aug. 28 (Sat.): Moonlight Paddle, Brazos River**

**Sept. 3 (Fri.—Mon.): Sabine Labor Day weekend trip**

**Sept. 4 (Sat): McInnish park (Carrollton) watermelon clean-up**

**Sept. 11 (Sat.): Trinity River Challenge**

**Sept. 18 (Sat.): Urban Paddle**

**Sept. 24-25 (Fri.—Sun): Illinois River trip**

## ANNOUNCEMENTS

**Come July 18th to the Gear Swap Meet & Dutch Oven Cook-off** Check your closets for gear and your cookbooks for winning recipes. See entry details and map inside. Cost is \$5 to sell, \$5 for cook-off or \$8 for both. Get it in gear and go!

**The Race is On!** The 9th Annual, Trinity River Challenge is just around the bend in the river on Sept. 11. Registration is open. Sign up now to race or be a volunteer. See the entry form and race details inside. Contact club President Bryan Jackson at [bryan.jackson@paddlinpals.com](mailto:bryan.jackson@paddlinpals.com) to sign up! Does anyone have a small generator to help run the race computers and sound system?

**Paddle Event Note** — Before you hit the road for a DDRC outing, verify the dates/times/location of your event by checking the website or with the trip leader. We strive to keep the website as current as possible, and it will always be more current than notices printed in the newsletter. We learned with the June Urban Paddle that weather happens. High water caused us to change locations on short notice. We had a wonderful turnout despite the last-minute switch from Denton Creek to White Rock Creek. Pat Chamberlain has an urban paddle e-mail list that she used to spread the word. Contact Pat at [pchamberlain29@hotmail.com](mailto:pchamberlain29@hotmail.com) to be added to her list. We hope no one was inconvenienced. Ya gotta go with the flow!

Thanks, Jerry Johnson, for letting us know about a **Fort Worth Star Telegram** story (6/15/04) on the Trinity River white water playground. Read more about it at <http://www.dfw.com/mld/startelegram/news/local/8926447.htm?1c> (registration is required for access)

## Inside this Issue:

**Gear Swap Meet & Dutch Oven Cook-off**

**Swift Water Rescue Classes**

**Kiamichi River Trip Report**

**Crystal Valley Trip Report**

**Ozarks Canoe & Kayak Guide**

**Kiamichi Bars Recipe**

**Trinity River Challenge Rules & Application**

## **Gear Swap Meet & Dutch Oven Cook-off / Picnic 7/18**

**When:** Sunday July 18, 2004

**Where:** Ray Foley's House, 3919 W. Ledbetter Dr., Dallas, TX 75233 (see directions below & map on page 3)

**Swap Meet**—Bring your unwanted paddling and camping gear. The DDRC will also accept donations of gear to sell at our own table. Unsold donated goods will be raffled at upcoming monthly meetings or at the Trinity River Challenge. NO WEAPONS or other potentially dangerous items allowed.

**Dutch Oven Cook-Off**—Awards given in these categories: (1) Gourmet Entrees (2) Meal in One (soups, stews, casseroles) (3) Side Dish (4) Breads and Rolls (5) Desserts.

**The Picnic** to commence immediately following the judging. If you want to participate in the picnic but do not wish enter the cook-off, just bring a food item to add to the spread. For more information contact Bryan Jackson (972) 979-2519 or see the DDRC web site.

**The Rules:** All entries must be prepared ON SITE and cooked on a charcoal or wood fire from raw, dried, canned or otherwise uncooked ingredients. All ingredients must be inspected by the judges before cooking. Cooking fires must be contained either in a grill or fire pan to prevent scorching Ray's lawn. All entries must be ready to be judged at precisely 1:00pm, No EXCEPTIONS.

**Entry Fees:** Cost to participate will be \$5 to sell at the Swap Meet (buyers get in free) , \$5 for the Dutch Oven Cook-off or \$8 for both. Proceeds will benefit the DDRC's 2004 river related charity recipients.

### **Schedule:**

10:00am Registration Opens, Swap Meet begins  
11:00am Judges for Cook-off examine ingredients  
1:00pm Judging  
1:30pm Picnic

### **What you will need to bring:**

Tables, Chairs and Shade and any thing else you may need.

Drinks: It will be hot, bring plenty of fluids (non-alcoholic please).

We will be providing restroom facilities. For more information contact Bryan Jackson (972) 979-2519

### **Directions:**

Internet or mapquest directions will help you find Ray's mailbox, but driveway access to the highway (loop 12) was eliminated years ago.

**From loop 12 through Irving (south):** when loop 12 turns to the left and starts to run East/West, make the very first turn Left on Altoona. Immediately hop the curb on the right and park in the far end of the vacant 2 acre lot. Entrance to the drive is two lots down the alley and the only house not fenced. Look for red canoe on top of green truck.

**From downtown I-35 to US 67:** take Loop 12 West past Illinois Ave and turn right into the first alley next to the day care center. Or when you miss the alley, turn right on Altoona and hop the curb. Park by the green truck with red canoe.

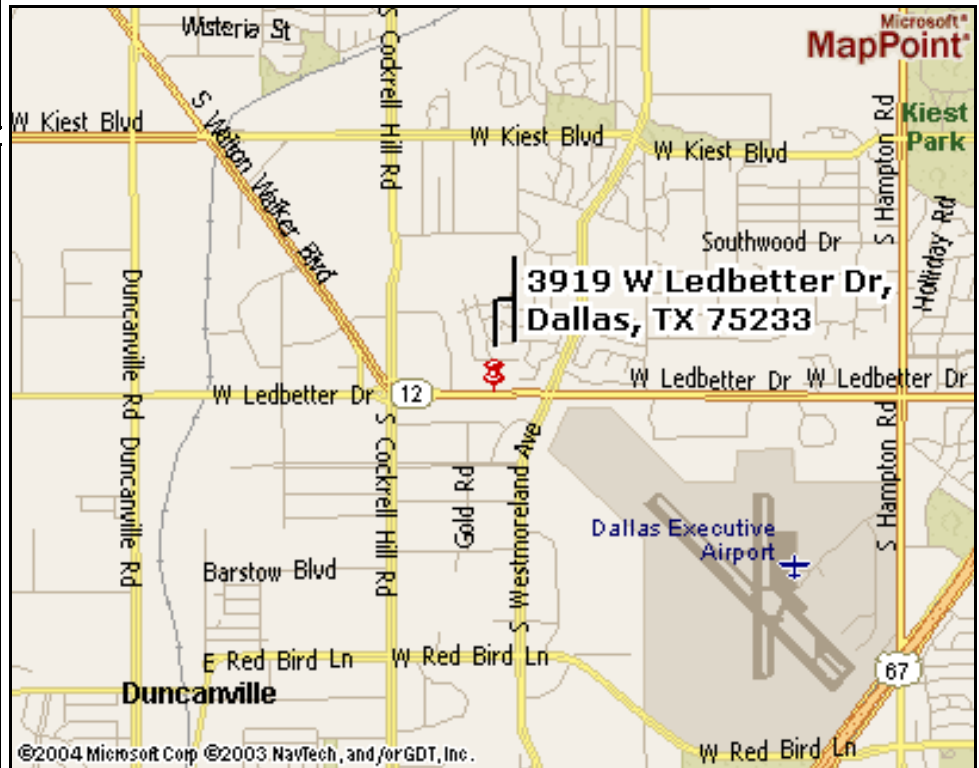
**From I-20:** exit Cockrell Hill Rd and turn North. Go 3 miles and turn right onto loop 12 East. Immediately jump over three lanes and turn left onto Altoona. Hop the curb and follow the path to the green truck and red canoe.

### Newsletter EMAIL Issues

Please keep us posted of any changes in your email address. If you'd like to get the newsletter electronically, or haven't been getting it and you're wondering why, we might not have your correct email. Send the editor your email address at [cathy\\_nelle@hotmail.com](mailto:cathy_nelle@hotmail.com)

As a participant in any DDRC activity, an individual assumes the responsibility of evaluating all inherent risks before participating and assumes any risk of death or injury inherent in the sport. The participant waives claims that may arise against the club, its officers, members, servants, agents and/or trip coordinators, for death or injury to person or property, including claims of vicarious liability and claims arising from civil recklessness or any degree of negligence. Not waived are claims against an individual who causes injury intentionally or with criminal recklessness and claims among driver, owner and passengers of a motor vehicle for injuries.

## Map to Gear Swap and Dutch Oven Cook-off Ray Foley's House



### ACA METHODS UPDATES IN SWIFTWATER RESCUE AND OPEN CANOE (Through Whitewater Level) July 24 & 25

Either at Malvern/Rockport or Camp Couchdale/Rockport, **Arkansas**. These workshops fulfill the requirement of recertification every four years. The Canoe Update will be through Whitewater level, and will focus on the latest trends in paddling techniques and instruction, safety and rescue methods, as well as administrative changes. The Swiftwater Rescue Workshop will cover updates on instructional and administrative changes, along with current safety and rescue techniques and any curriculum revisions to existing rescue courses. Maximum in each is 15. Cost will depend on the total number combined in both, hopefully between \$50-75 per instructor for each workshop. Lodging/housing arrangements and costs will be announced later, as well as group meals (which may be provided for a shared fee).

The ACA Instructor Trainer Educator will be Sam Fowlkes, SEIC Chair. For more information, contact: Marcell Jones [acpresident@arkansascanoecub.com](mailto:acpresident@arkansascanoecub.com), or (501) 663-4497 (H). Placing your name on the list early will assist with workshop arrangements, and help ensure that we'll have the necessary number of instructors for each one to make.

### ◀ SwiftWater Rescue Classes ▼▼

SwiftWater Rescue Courses: **Jul 31-Aug 1 and Aug 14-15, 2004**. Join Jim Simmons and Tom Jenkins, both ACA SwiftWater Rescue Instructors, as they are offering two ACA 2-Day SwiftWater Rescue courses. The first is for "experienced Women paddlers" on July 31 - August 1, and the second, open to all, is on August 14-15. Both courses will be on the **Lower Mountain Fork River, near Broken Bow, OK**.

Each class will be limited to 10. Each workshop emphasizes strategies and proven rescue techniques for minimizing risks encountered in whitewater boating. A participant's signed agreement to the ACA Waiver/Release of Liability will be a condition of enrollment in the workshop. Cost: \$125.00 per applicant (plus \$6.00 if not an ACA member) Camping, lodging and meals are not included. For further details or to apply for either workshop, contact Tom Jenkins "asap": e-mail: [paddling@att.net](mailto:paddling@att.net) phone: 903-639-1409. Complete course description and equipment requirements will be sent upon request for an application.

## Kiamichi River

July 5, 2004 by Bryan Jackson

The weathermen say that this summer is supposed to be wetter than normal. That will mean two things for us, mosquitoes the size of small birds and rivers flowing well into the summer months. The Kiamichi, usually a fond memory by mid July, has been rolling along at great levels for the last few weeks thanks to heavy rains in eastern Oklahoma. On July 5<sup>th</sup> a few of us decided to take a day trip out to paddle the 12 miles from K-River Campground to the US 271 bridge in Antlers.

The river had another storm surge the night before and was running at about 2500 cfs when we put in at the campground. The water was high and moving and some of the features of this part of the river were covered up. We had hoped that some of the rapids that were not running in the spring due to low flow would be up, but this time they were covered, except for the low water dam that is about a mile upriver from the takeout. The dam was producing a very nice surfable wave on either side of the section that has been removed in the middle to allow boat traffic to pass at low levels. Best bet for the rest of the features in this stretch would probably be a flow between 800 and 1500 cfs. It was still a beautiful day, a little hot and all had a great time.

At a flow of 2500, your best bet for a good run would be to do the upper section. You can run trips of 8, 10, or 14 miles back down to K-River. The rapids on the upper section do not cover so easily and are probably at their best at this level. The lower section that we ran is good all the way down to under 200cfs as it becomes more narrow and deeper in spots as it makes its way to Lake Hugo. The other really great thing about the Kiamichi is the solitude. Most of the time the only people you see up there are the people you are paddling with. No tubers, no boom boxes, just quiet. It's hard to believe you are a little over 3 hours from Dallas. If the rains continue as expected, we will be going again. Hope you can join us next time.

## Crystal River Valley June 23, 2004 by Allen Scott

We miss you, but we are having fun. As we write this message, we are sitting in our RV in the beautiful Crystal River Valley in a national forest campground... with water and electric hookups for added convenience. (Golden Age Passports are swell!) We are listening to *Rhapsody In Blue* as the sun sets on one side of the valley casting an increasing shadow on the opposite cliff. In contrast to the evergreens, the red mountains are aglow in the setting sun.

As we were driving up the Crystal River Valley, one of the most beautiful drives in the area, we realized that the Crystal River has potential as a secluded white water paddling spot. While it may be too much for us, or perhaps not on a good day, and recognizing that it contains some serious hazards that must be portaged, it is likely well within the ability levels of our white water kayaking friends. We are not sure there is enough water for canoeing, but it is worth the drive just to experience it. The white water kayakers definitely should check it out!

We are sharing a bottle of wine to go with steak, salad, and sautéed mushrooms (all of which is legal on our diet). We are looking forward to Tuesday, when we rendezvous with paddling friends again to share the beauty of the area, visit historic Redstone Colorado, the Redstone Castle, and the delightful Crystal River Valley. Next month brings other paddling friends and other magnificent locals... *The Pacific Northwest*. Life doesn't get much better than this. Life is good! Wish you were here!

Allen & Betty

P.S. The local paddle shop does not recommend the Crystal River because it can be so unforgiving... lots of sharp rocks and long runs (few pools).

**GUIDE TO THE OZARKS**

A new edition of *A Canoeing & Kayaking Guide to the Ozarks* (formerly *Ozark Whitewater*) has been released by Menasha Ridge Press (Alabama). Author Tom Kennon has been providing information about rivers in the Ozark Mountain Region for over 15 years and provides excellent advice for paddling the streams and rivers of the area.

Information includes difficulty ratings, average gradient, run times, water quality, and GPS coordinates for put-ins for each river section. River descriptions, gauge, shuttle routes, and over 60 maps are also included. Updates for the classic rivers, such as the Cossatot, Little Missouri, and the Buffalo are included, as well as new reports for 17 creeks and rivers such as Cove Creek, Lower Ouachita, South Fourche Lafave River, and Eagle Fork Creek.

According to the publisher ©, this is the definitive guide to whitewater in the region and is available at bookstores, outdoor specialty stores, on the web at [www.menasharidge.com](http://www.menasharidge.com), and by calling 800-243-0495.

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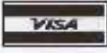


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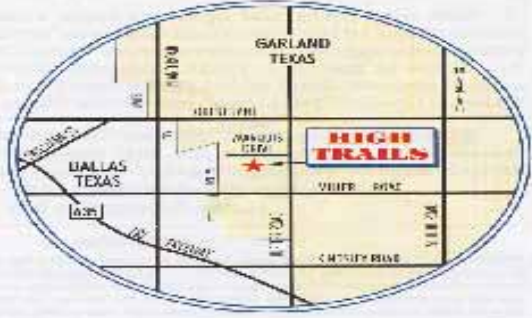


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### Kiamichi Bars

Submitted by John & Elise Pullman

- 1 ½ c. Grape Nuts cereal
- ½ c. smooth peanut butter
- ½ c. chopped pecans
- ½ c. maple syrup
- ¼ c. sliced almonds
- ¼ c. brown sugar
- ¼ c. flaked coconut
- ½ c. instant dry milk
- ¼ c. golden raisins
- ¼ c. pepitas (shelled pumpkin seed)
- 7 dried apricots, sliced

Heat oven to 350° F. Lightly grease an 8" x 8" baking pan or a 9" pie plate. Set aside. In a large bowl, combine dry ingredients in left column.

In a small saucepan, over low heat, combine ingredients in right column, except dry milk. Stir till smooth and just bubbling, about 2 minutes. Remove from fire and stir in dry milk.

Pour the hot sweet stuff into the bowl with the dry ingredients, and combine well. Press into pan and bake until lightly browned, about 30 minutes. Cool for 30 minutes. Cut into 8 bars.

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## Trinity River Challenge 2004 Official Rules and Application Instructions

Race start & finish is McInnish Park. The course is 5.5 miles upstream to turn around a buoy at Hebron Parkway and return to the start / finish line at McInnish Park. **Race day registration 7:45 a.m. open, 9:15 a.m. close. Mandatory 9:15 a.m. race meeting for all competitors. Race starts at 9:45 a.m. Start / Finish line and registration on the Elm Fork of the Trinity River at McInnish Park on Sandy Lake Road in Carrollton. Awards ceremony and hot meal at 2 p.m. There will be a bake sale, refreshments, and raffle at start / finish.**

Pre-registration by 8/30/2004 is \$20 per person, includes TRC 2004 T-shirt and meal. Registration after that date or race day is \$25 includes meal and T-shirt if available. This is an American Canoe Association (ACA) sanctioned race. Participants must be members of the ACA or pay a \$6, one-time event fee. ACA Waivers of Liability must be signed and will be available at the race registration table, or online at <http://www.acanet.org/pdf/aca-waiver.pdf>. Join the ACA at <http://www.acanet.org/welcome.htm>. Fees are payable by check, money order, or cash, to Dallas Down River Club. Entry fees, race applications and waiver should be returned to DDRC Trinity River Challenge 2004, c/o Bryan Jackson, PO Box 820246, Dallas, TX, 75382-0246. A registration table will be at the starting line for race day entries.

### Definitions: Age on Race Day, September 11, 2004, from USCA

Junior - all persons under 18 years of age.

Junior / Adult - one person under 18 years of age, one person 18 years of age or older.

Adult - all persons 18 to 39 years of age.

Master - all persons 40 to 49 years of age.

Senior - all persons 50 to 59 years of age.

Veteran - all persons 60 to 69 years of age.

Grand Veteran - all persons 70 or more years of age.

### Classes:

Aluminum (Mixed Division ONLY)— Any ALUMINUM canoe paddled by TWO PERSONS WITH SINGLE BLADE PADDLES ONLY

Recreation Solo Canoe – Any boat paddled by ONE PERSON WITH SINGLE BLADE PADDLES ONLY

Recreation Tandem Canoe – Any boat paddled by TWO PERSONS WITH SINGLE BLADE PADDLES ONLY

Recreation Solo Kayak – Any boat paddled by ONE PERSON WITH A DOUBLE BLADE PADDLE.

Recreation Tandem Kayak – Any boat paddled by TWO PERSONS WITH A DOUBLE BLADE PADDLE

White Water Kayak – Any boat paddled by ONE PERSON WITH A DOUBLE BLADE PADDLE UNDER 14 FEET IN LENGTH.

USCA Classes. Refer to USCA web site for details. Only persons competing for USCA or TCRA points may register for USCA class. USCA class boats will be inspected and classification assigned at registration.

USCA - C1 ONE PERSON WITH SINGLE BLADE PADDLES ONLY

USCA - C2 TWO PERSONS WITH SINGLE BLADE PADDLES ONLY

USCA - Unlimited Solo ONE PERSON WITH A DOUBLE BLADE PADDLE

USCA - Unlimited Tandem TWO PERSONS WITH A DOUBLE BLADE PADDLE

Unlimited - Any boat with MORE THAN TWO PERSONS, will be registered as Unlimited Only.

Each canoe is limited to one (1) or two (2) people, except unlimited. If any crew member uses a double blade paddle, they race as Kayak or Unlimited. Racers may not change classes once the race has begun. Any racer who knowingly races in the wrong class will be disqualified.

### Divisions:

Men, Women, Mixed, Junior

Mixed- one man and one woman in the crew.

**Special Awards:** Grand Champion award is for the fastest time of all entries. In addition to the above categories, first boat to cross the finish line with all persons in Junior/Adult, Master, Senior, Veteran or Grand Veteran age, win a trophy. The Junior/Adult Category is restricted to recreational canoe and kayak classes only. Aluminum and USCA classes are eligible in all other categories. Tandem teams are aged by the YOUNGEST paddler in the boat.

### Time Disqualification:

All boats must turn around at the Hebron Parkway bridge buoy within 1 hour and 30 minutes of their start or be disqualified. At that time, safety sweep will launch from Hebron Parkway bridge to collect racers, who did not reach the turn around buoy. That way everyone will be back at start / finish in time for lunch and awards ceremony.

**Application: Ninth Annual Trinity River Challenge Canoe Race  
Saturday, September 11, 2004**

**Name:** \_\_\_\_\_

**Gender:** (circle one) M F    **Shirt size:** (circle one) S M L XL XXL XXXL

**Age on race day:** (circle one) Junior – under 18, Adult 18-39, Master 40-49, Senior 50-59, Veteran 60-69, Grand Veteran 70 or older

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**Phone:**(\_\_\_\_) \_\_\_\_\_ **Fax:**(\_\_\_\_) \_\_\_\_\_

**Email:** \_\_\_\_\_ **ACA Membership No.:** \_\_\_\_\_

**Paddling Partner** \_\_\_\_\_

**Gender:** (circle one) M F    **Shirt size:** (circle one) S M L XL XXL XXXL

**Age on race day:** (circle one) Junior – under 18, Adult 18-39, Master 40-49, Senior 50-59, Veteran 60-69, Grand Veteran 70 or older

**ACA Membership No.:** \_\_\_\_\_

**Boat:**(circle one) Recreation Canoe, Recreation Kayak, White Water Kayak, Aluminum, USCA

- Canoes are SINGLE BLADE PADDLES ONLY
- Kayaks are ANY DOUBLE BLADE PADDLE
- White Water Kayaks are under 14 feet in length
- Aluminum canoes are SINGLE BLADE PADDLES ONLY
- Only persons competing for USCA or TCRA points may register for USCA class.
- USCA class boats will be inspected and classification assigned at registration.

**Payment enclosed:** (circle one) Cash; Check No.: \_\_\_\_\_; Money Order; Amount \_\_\_\_\_

Reservations for rentals should be made as early as possible to ensure availability. Canoes can be rented from:

High Trails Canoe, 3610 Marquis, Garland, TX 75042, 972-(2PADDLE)

North Texas Canoe Rentals (972)245-7475.

-----  
To be completed by the registrar (do not write below this line)

Class Code \_\_\_\_\_ Age Group Code \_\_\_\_\_



# DDRC Officers & Committees

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Bryan Jackson  
972-564-2318  
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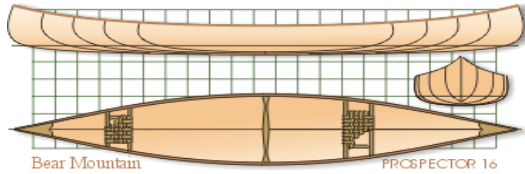
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**Per Insertion**

**Annually**

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**Raffle:**  
Sally Soldo  
ssoldo@parknet.pmh.org

**Safety:**  
Mary Beth Kvanli  
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**DDRC TP&W Representative:**  
Ken Lock  
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klockps@swbell.net

**Canoe Training:**  
John Pullman  
214-824-0213  
padlstandg@aol.com

**Kayak Training:**  
Arnie Blatt  
972-416-9194

**Alan Tittle**  
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Alan.T@sbcglobal.net

**TRC Raffle:**  
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**Racing Coordinator:**  
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# DALLAS DOWNRIVER CLUB

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*The Official Newsletter of the Dallas  
Downriver Club*

**DDRC**  
**July 2004 Meeting**  
**Thursday 7:00 PM**  
**July 15, 2004**  
**Enchilada's Restaurant**

